CARNAVAL DE LANTZ

(Pays Basque, France)

Learned from Thierry Bouffard, summer 1997.

Formation: Individual dancers in a circle, facing LOD (CCW). Arms up about

shoulder height.

Rhythm: 2/4

MEASURE	PATTERN
	INTRODUCTION: Let slow music go by for introduction.
	PART A
1	Step fwd on R ft (ct 1), step on ball of L ft in front of R ft with L heel turned slightly to R (ct &), step on R ft in place (ct 2)
2	Step back on L ft, leaving ball of R ft on floor and turning both heels diagonally L (ct 1), step back on R ft, leaving ball of L ft on floor and turning both heels diagonally to R (ct 2)
3	Step on L ft in place (ct 1), step on ball of R ft in front of L ft (ct &), step on L ft in place (ct 2)
4	Step diagonally back to R on R ft, turning body slightly to R (ct 1), step on L ft in place (rocking step) (ct 2)
5	Turning one full turn CCW, step R, L, R (cts 1 & 2)
6	Step diagonally back to L on L ft, turning body slightly to L (ct 1), step on R ft in place (rocking step) (ct 2)
7-8	Repeat meas 5-7 with opp ftwk and in opp direction (CW)
9-16	Repeat meas 1-8 above
	PART B
1	Step fwd on R ft (ct 1), step on ball of L ft in front of R with L heel turned slightly to R (ct &), step on R ft in place (ct 2)
2	Step diagonally back to L on L ft, turning body slightly to L (ct 1), step on R ft in place (rocking step) (ct 2)
3	Turning one full turn CW, step L, R, L (cts 1 & 2)
4	Step diagonally back to R on R ft, turning body slightly to R (ct 1), step on L ft in place (rocking step) (ct 2)
5	Turning one full turn CCW, step R, L, R (cts 1 & 2)

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6	Repeat meas 2
7-8	Repeat meas 3-4
9-16	Repeat meas 1-8 above

Dance repeats from the beginning.

Dance description by Marilyn Smith